



# TomorrowLand Academy

## July 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 <u>Organic Cereal + Milk</u> Chicken pasta with mixed veggies	2 <u>Oatmeal + Milk</u> Minced beef stew carrot and broccoli with rice	3 <u>Pancake + Milk</u> Chicken sweet corn noodle with celery	4 <b>Indepence Day No School</b>	5 <u>Organic Cereal + Milk</u> Teriyaki chicken with carrot and broccoli over rice
8 <u>Organic Cereal + Milk</u> Ham and pea pasta	9 <u>Oatmeal + Milk</u> Beef and broccoli over with noodle	10 <u>Pancake + Milk</u> Teriyaki chicken with carrot and broccoli over with rice	11 <u>Chicken Noodle Soup</u> Minced pork pasta with mixed veggies	12 <u>Organic Cereal + Milk</u> Chicken sweet corn noodle with celery
15 <u>Organic Cereal + Milk</u> Chicken pasta with mixed veggies	16 <u>Oatmeal + Milk</u> Minced beef stew carrot and broccoli over with rice	17 <u>Pancake + Milk</u> Chicken sweet corn noodle with celery	18 <u>Butter Toast + Milk</u> BBQ pork over with rice and mixed veggies	19 <u>Organic Cereal + Milk</u> Beef and broccoli over with noodle
22 <u>Organic Cereal + Milk</u> Ham and pea pasta	23 <u>Oatmeal + Milk</u> Beef and broccoli over with noodle	24 <u>Pancake + Milk</u> Teriyaki chicken with carrot and broccoli over with rice	25 <u>French Toast + Milk</u> Minced pork pasta with mixed veggies	26 <u>Organic Cereal + Milk</u> Chicken sweet corn rice with celery
29 <u>Organic Cereal + Milk</u> Chicken pasta with mixed veggies	30 <u>Oatmeal + Milk</u> Minced beef stew carrot and broccoli with rice	31 <u>Pancake + Milk</u> Chicken sweet corn noodle with celery		

AM Snack: Whole Grain Crackers, Mini Pretzel, Chex Mix, Goldfish, Animal Crackers, Cheez-it, Ritz Crackers

PM Snack: Apples, Cantaloupe, Honeydew, Orange, Banana, Strawberry yogurt

